

psychological support on the re-opening of schools

سؤال 1:  
Personality: A person's unique and relatively stable behavior patterns; the consistency of who you are, have been, and will become  
True   
False

سؤال 2:  
What is personality?  
Specifically how people differ in behavior, feelings, reactions to the environment and to other people   
Personality is feeling only   
Personality is the way we act different   
Select the correct answer

سؤال 3:  
The "Big Five" Personality Factors?  
Openness to Experience   
Extroversion   
Conscientious   
All the above

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سؤال 4:  
what are the Personality Theory? Select the best answer  
Trait Theories: Attempt to learn what traits make up personality and how they relate to actual behavior   
Psychodynamic Theories: Focus on the inner workings of personality, especially internal conflicts and struggles   
Behavioristic Theories: Focus on external environment and on effects of conditioning and learning   
All the above

سؤال 5:  
Trait Theories are?  
Trait theorists is not important   
Trait theorists aim to describe personality action   
Personality trait—stable quality a person shows across most situations   
Select the best answer

سؤال 6:  
Freud's theory of personality that attributes our thoughts and actions to unconscious motives and conflicts techniques used in treating psychological disorders by seeking to expose and interpret unconscious tensions  
False   
True

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سؤال 7:  
Unconscious is

- The subconscious according to Freud, our way of life
- The subconscious according to Freud is not important
- Unconscious according to Freud, a reservoir of mostly unacceptable thoughts, wishes, feelings

سؤال 8:  
Id

- contains a reservoir of unconscious psychic energy
- strives to satisfy basic sexual and aggressive drives
- operates on the pleasure principle, demanding immediate gratification
- All the above

سؤال 9:  
Superego is?

- the part of personality that presents only in our life
- Represents "rules" of society
- Provides wrong judgment criteria
- Select the best answer

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سؤال 10:  
Self-Actualization is

the ultimate psychological need that arises after basic physical and psychological needs are met and self-esteem is achieved  
the motivation to fulfill one's potential

- true
- false

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